



## Instructions after Anxiety-Free Dentistry appointment

1. Patient cannot drive for 24-hours after sedation.
2. Patient cannot operate any hazardous devices for 24-hours.
3. A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
4. Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered.
5. Patient can eat whenever and whatever he/she wants. Patient needs to drink plenty of fluids as soon as possible.
6. Patient may sleep for a long time or may be alert when he/she leaves. Attend to both alert and sleepy patients in the same manner. Don't trust him/her alone.
7. Always hold patient's arm when walking.
8. Patient should not carry, sleep next to, or be left alone with the elderly or young children for a period of no less than 24-hours after the last dosage of medication.
9. Call our office at 406-278-3609 if you have questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest Emergency Room.

Following most surgical procedures there may or may not be pain, depending on your threshold for pain. You will be provided with medication for discomfort that is appropriate for you.

I have read this document and received a copy to take home with patient.

\_\_\_\_\_  
Signature of Responsible Party

\_\_\_\_\_  
Date

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Relationship to Patient